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**Implementation Assessment**

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# 2.1 Caregiver Phase 2 sessions

| PHASE 2 SESSION 6: CAREGIVERS – *BEHAVIOUR MANAGEMENT WITH ADOLESCENTS* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – Parenting styles (25 minutes)** |  |  |  |  |
| **Exercise 2 –** **Setting household rules and obtaining consensus** **(20 minutes)** |  |  |  |  |
| **Exercise 3 –** **Praise as a strategy to encourage positive adolescent behaviour** **(15 minutes)** |  |  |  |  |
| **Exercise 3 –** **Punishment versus discipline (30 minutes)** |  |  |  |  |
| **Reflection and sharing****(10 minutes)** |  |  |  |  |

| **PHASE 2 SESSION 6: CAREGIVERS *– Feedback on the session overall*** |
| --- |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Describe some of the lessons caregivers learned about themselves and their adolescents’ behaviour through discussing parenting styles (Exercise 1):** |
| **Please give examples of the reasons caregivers provided on why rules are important for adolescents (Exercise 2)?** |
| **Please give examples of what caregivers thought happens to the adolescents who receive criticism (Exercise 3)?** |
| **Describe actions suggested by caregivers that could assist them to control their feelings when adolescents break the rules or behave badly (Exercise 4):** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

| PHASE 2 SESSION 7: CAREGIVERS *– Understanding HIV* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – HIV myths and facts (40 minutes)** |  |  |  |  |
| **Exercise 2 – HIV testing** **(50 minutes)** |  |  |  |  |
| **Reflection and sharing** **(10 minutes)** |  |  |  |  |

| **PHASE 2 SESSION 7: CAREGIVERS *– Feedback on the session overall*** |
| --- |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):****[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Which HIV myths and facts did caregivers provide the incorrect answer for? Explain which items were difficult for the group to understand or believe (Exercise 1):**  |
| **Give some of the reasons caregivers provided on why they would not want to have their children or adolescents tested for HIV. How did you and the group challenge these reasons (Exercise 2)?** |
| **What reasons for adolescents not wanting to test for HIV did caregivers focus on? What solutions did they find for these (Exercise 2)?** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

| PHASE 2 SESSION 8: CAREGIVERS – *COMMUNICATING WITH ADOLESCENTS ABOUT SEXUAL HEALTH* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity****(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – Why do adolescents take sexual risks? (30 minutes)** |  |  |  |  |
| **Exercise 2 – How can we effectively communicate with adolescents about sexual health? (30 minutes)** |  |  |  |  |
| **Exercise 3 – Guidance for sensitive situations****(30 minutes)** |  |  |  |  |
| **Reflection and sharing****(10 minutes)** |  |  |  |  |

| **PHASE 2 SESSION 8: CAREGIVERS *– FEEDBACK on the session overall*** |
| --- |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Describe some of the reasons caregivers gave on why adolescents engage in sexual risk behaviours (Exercise 1):** |
| **Thinking about their thoughts and feelings related to sexuality, describe some of the reasons caregivers gave for why it is difficult to talk about sexuality with adolescents (Exercise 2):** |
| **After the role plays and discussions, what if any changes were there in the comfort level of caregivers in talking about sexual health issues with their adolescents (Exercise 3)?** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

| PHASE 2 SESSION 9: CAREGIVERS *– Keeping adolescents safe* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 –** **Monitoring adolescents (30 minutes)** |  |  |  |  |
| **Exercise 2 – Responding to crisis situations** **(30 minutes)** |  |  |  |  |
| **Exercise 3 – Adolescent questions (30 minutes)** |  |  |  |  |
| **Reflection and sharing (10 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 9: CAREGIVERS *– FEEDBACK on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **What were caregivers’ reactions to the guidelines for rule-setting? How likely do you think it is they will use such practices (Exercise 1)?** |
| **Describe how caregivers responded to each of the scenarios (alcohol and forced sex) and their suggested responses for coping and dealing with these situations (Exercise 2):** |
| **Describe how comfortable caregivers were practicing responding to adolescent questions and any lessons they gained from the exercise. If there were any questions that were particularly challenging for the group, describe how this was managed (Exercise 3):** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

# 2.2 Adolescents Phase 2 sessions

| PHASE 2 SESSION 6: Adolescents – *HIV AND STIS – FACT AND FICTION* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – HIV knowledge card game (20 minutes)** |  |  |  |  |
| **Exercise 2 – Dear Dolly****(30 minutes)** |  |  |  |  |
| **Exercise 3 – HIV and STI testing (30 minutes)** |  |  |  |  |
| **Exercise 4 –** **The Question Box (10 minutes)** |  |  |  |  |
| **Reflection and sharing****(10 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 6: ADOLESCENTS *– FEEDBACK on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Which HIV cards did adolescents provide the incorrect answer for (‘SAFE’ or ‘UNSAFE’ activities)? Explain any ways that HIV is or is not transmitted that were surprising or difficult for the group to understand or believe (Exercise 1):** |
| **How well did participants use the information in the handouts in preparing their response letters as sis Dolly? What information surprised them (Exercise 2)?** |
| **What reasons did participants suggest for why adolescents might not get tested for HIV? What were the main problems and solutions they focused on in their small groups (Exercise 3)?** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

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| PHASE 2 SESSION 7: Adolescents *– KEEPING healthy* |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – Prevention myths and facts (30 minutes)** |  |  |  |  |
| **Exercise 2 – Why do adolescents take sexual risks? (30 minutes)** |  |  |  |  |
| **Exercise 3 –Healthy and unhealthy relationships (30 minutes)** |  |  |  |  |
| **Reflection and sharing****(10 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 7: Adolescents *– FEEDBACK on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Describe any of the myths and facts that provoked discussion or disagreement or were difficult to understand (Exercise 1):** |
| **Describe any of the healthy and unhealthy quiz questions that provoked discussion or disagreement (Exercise 3):** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

| PHASE 2 SESSION 8: ADOLESCENTS *– PROTECTING MYSELF* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity (suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session****(15 minutes)** |  |  |  |  |
| **Exercise 1 – Why do people have sex or not? (20 minutes)** |  |  |  |  |
| **Exercise 2 – Consent (30 minutes)** |  |  |  |  |
| **Exercise 3 – Saying no to sex****(40 minutes)** |  |  |  |  |
| **Reflection and sharing (10 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 8: Adolescents *– Feedback on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Describe the most common reasons that adolescents gave for having sex (Exercise 1):** |
| **What were participants’ reactions to discussions concerning consent? Did they have any disagreement or opposing views on what consent is (Exercise 2)?**  |
| **How comfortable were adolescents in using “guidelines for negotiating sex”? During the “Saying no to sexual negotiation scenarios”, which scenarios did participants have difficulty with (Exercise 3)?** |
| **Explain any other challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

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| PHASE 2 SESSION 9: Adolescents *–* *Condom use* |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session (15 minutes)** |  |  |  |  |
| **Exercise 1 – Condom cards** **(15 minutes)** |  |  |  |  |
| **Exercise 2 – Condom race****(25 minutes)** |  |  |  |  |
| **Exercise 3 – Condom negotiation (30 minutes)** |  |  |  |  |
| **Exercise 4 – Question Box answers (20 minutes)** |  |  |  |  |
| **Reflection and sharing****(10 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 9: Adolescents *– Feedback on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the group participate in the session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Using the “feeling thermometer”, how comfortable did adolescents think they would be using condoms in real life with a partner (Exercise 2)?** |
| **What challenges, if any, did participants have when role-playing negotiating condom use (Exercise 3)?** |
| **In discussing questions from the “Question box”, how did adolescents feel discussing some of these sensitive topics together? Were there any difficult or challenging questions that you received through the Question Box? How did you deal with them (Exercise 4)?** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the session during the Reflection and sharing:** |

# 2.3 Phase 2 Joint session

| PHASE 2 SESSION 10: JOINT *– Looking ahead* |
| --- |
| **DATE** |  | **CBO** |  | **FACILITATOR** |  |
| **There are many ways to run a group and things don’t always go according to plan. Please complete this checklist as soon as possible after implementing the session to record successes and challenges. Discuss these notes with your supervisor and other program staff to celebrate your successes, find solutions to challenges and ultimately to improve implementation of the programme.** |
| **Activity** **(Suggested duration)** | **How well did it work?** | **Explain. What worked well, or didn’t work well, and why?** |
| **Not well at all** | **Somewhat well** | **Very well** |
| **Feedback from previous session [separate groups] (15 minutes)** |  |  |  |  |
| **Exercise 1 – Duduzile’s story****(40 minutes)** |  |  |  |  |
| **Exercise 2 – Future goals and obstacles (20 minutes)** |  |  |  |  |
| **Exercise 3 – Shared vision for the adolescent’s future (40 minutes)** |  |  |  |  |
| **Exercise 4 – Stone soup****(20 minutes)** |  |  |  |  |
| **Reflection and sharing (20 minutes)** |  |  |  |  |

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| **PHASE 2 SESSION 10: JOINT *– Feedback on the session overall*** |
| **Were there any activities that were not completed or took more than the allocated time? Which one(s), and why?** |
| **How actively did the caregivers participate in the joint session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation****How actively did the adolescents participate in the joint session? (tick one):** **[ ] Very active participation [ ] Moderate participation [ ] Minimal participation** |
| **Describe examples of advice participants gave when assuming Duduzile’s test was negative or positive (Exercise 1):**  |
| **Provide examples of some strategies suggested by adolescents and caregivers on how they can prevent situations that could interfere with adolescents achieving their goals, such as unplanned pregnancy (Exercise 2):** **Adolescents****Caregivers** |
| **Describe what adolescents and caregivers commonly reported as the things they can do to help adolescents realize their visions and goals (Exercise 3).Adolescents:****Caregivers:** |
| **Explain any challenges you or participants experienced with the session:** |
| **Describe what participants reported they gained or learned from the programme during the Reflection and sharing. Give examples of how they and their relationships have changed:** |

# 2.4 Assessment Form – Facilitator feedback on Let’s Talk Phase 2

***Protecting the Future***

Please complete this form once you have conducted all 9 sessions of the Let’s Talk Phase 2 curriculum. Please complete one evaluation form for each Let’s Talk group you facilitated.

|  |
| --- |
| **Background Information:**  |
| **Date** |  | **Facilitator 1** |  |
| **CBO** |  | **Facilitator 2** |  |
| **Caregiver group** |
| **Participant Information**  | Total number of participants enrolled:\_\_\_\_\_\_\_\_\_Average number attending a given session:\_\_\_\_\_\_\_\_Gender of group (circle one): M F MixedAge range of group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Session Information** | Day of week sessions are generally held:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_General Start Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_General End Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Venue where sessions held:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Adolescent group** |
| **Participant Information**  | Total number of participants enrolled:\_\_\_\_\_\_\_\_\_Average number attending a given session:\_\_\_\_\_\_\_\_Gender of group (circle one): M F MixedAge range of group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Session Information** | Day of week sessions are generally held:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_General Start Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_General End Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Venue where sessions held:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Questions** |
| 1. **What do you think is the most important thing that participants have learned during phase 2 of the programme?**
 |
| 1. **What changes did you, as the facilitator, observe in caregivers’ HIV knowledge, attitudes towards adolescent sexuality, and/or parental behaviours around preventing and testing for HIV?**
 |
| 1. **What changes, if any, did you observe in adolescents’ knowledge, attitudes, skills and/or behaviour around preventing and testing for HIV?**
 |
| 1. **What changes, if any, did you observe in the ways that caregivers and adolescents communicated with each other, especially about intimate relationships and sexual health matters?**
 |
| 1. **What changes, if any, did you observe in the ability of adolescents to set goals and plan for their future?**
 |
| 1. **Please share any success stories you observed:**
 |
| 1. **What, if any, suggestions do you have to improve the programme or way it was delivered?**
 |
| 1. **What kinds of support, if any, would be helpful from your organization to assist you in better facilitating groups in future?**
 |